



Together
for Change

Child Development Centre (CDC) Information – Worthing Hospital

The CDC team worked with the Together for Change Panel to make their information clearer, more welcoming and supportive for children and families attending appointments.

Panel Discussion & Suggestions:

- Current information felt factual but could be made more child-friendly, reassuring, and easier to understand.
- Some families prefer using a quieter side entrance due to sensory needs or anxiety, but this option was not made clear.
- Children often thought that their appointment was over after being weighed and measured, so clearer guidance was needed to explain that this was only the first step.
- Families would welcome simpler language and shorter sentences, to help children and young people understand what to expect.

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Submission
to the panel

How involved the
panel felt during
this discussion



Participation

What Changed...

- ✓ New written walkthrough with step-by-step photos
- ✓ Includes both main and quieter side entrance options
- ✓ Clearly explains that weighing/measuring is not the end of the appointment
- ✓ Uses simpler, more visual and child-friendly language

Why It Matters

- ✓ Helps children feel more prepared and less anxious
- ✓ Supports sensory needs through quieter entrance information
- ✓ Improves understanding of what will happen during the visit
- ✓ Builds confidence and trust in CDC services through clarity and transparency



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The published walkthrough reflects many of the panel's suggestions, including clearer visuals, simpler language, choice of entrance, and better preparation for the weighing and measuring stage. This demonstrates real response to lived experience insight and successful collaboration with the CDC team.

Click the image below to see the full page...

Child Development Centre, Worthing Hospital

Your Journey to the Children's Centre


University
Hospitals Sussex
NHS Foundation Trust



Welcome to Worthing Hospital. When you get to the hospital go in the main entrance. You might see some ambulances parked outside.



This is the main foyer of the hospital. It might be a corridor to the Children's bit crowded, but you don't Centre, look out for the need to stop here, just turn right. If you are unsure ask one of our friendly reception members.



As you walk along the corridor to the Children's bit crowded, but you don't Centre, look out for the need to stop here, just turn right. If you are unsure ask one of our friendly reception members.



You might even see one of our penguins.



In the hospital corridor, you will see a sign to our Children's Centre with some doors on the right taking you back outside.



When you go outside you might see some of our sheep near the Children's Centre.



Take the doors on the left - Welcome to the Children's Centre!



We have lots of fun art and pictures dotted around.



You can sit in the waiting room or play in the beach hut. nursing team.



You will be weighed and measured by one of our nursing team.



Then you will go back to the waiting room.



When you get called to your appointment, you will go to one of our clinic rooms.



You will meet one of our clinicians, who will talk to you and your parents or carers.